



SENIOR CITIZENS ADVISORY BOARD MINUTES

March 16, 2010

Chair Goff called the meeting to order at 8:34a.m.

ROLL CALL – Members of the Board present: Chair – Bill Goff, Vice Chair – Barbara Luzaich, Ken Kreisel and Arland Sponsler. Absent: Elisa Gerald, Dorothy Carmichael, and Loretta Groulx. Treasurer present: Karen Hornung. Staff present: Mary Tessier and Randy Schwartz. Transcriber: Jackie Mattias.

City Clerk, Carol Bonner, was there to administer the Oath of Office to the re-elected Board Members Loretta Groulx and Elisa Gerald but due to their absence she will reschedule.

APPROVAL OF MINUTES – MSC Sponsler/Luzaich approved the Minutes of the February 16, 2009 Meeting. Passed unanimously.

- A. **TREASURER'S REPORT** – Written report was acknowledged as received in the Agenda and will be filed for audit.
- B. **SUGGESTION BOX**: None
- C. **UNFINISHED BUSINESS**: None
- D. **COMMUNICATIONS** – All communications not included in these minutes are posted on the bulletin board with this month's agenda:
- E. **STAFF REPORTS**:
 - 1. Senior Center Participation – Acknowledged as received in the agenda. Mary reported that participation is up and there are many events happening. The St. Patrick's Day celebration was sold out before the date of the event with 231 participants.
 - 2. **Mary Tessier** – February Recreation Items Report was reviewed and acknowledged as received in the agenda.
 - 3. **Susan McCaman** – February Outreach Report was reviewed and acknowledged as received in the agenda.
 - 4. **Gloria Deeter** – February Nutrition report was reviewed and acknowledged as received in the agenda.
 - 5. **Mary Tessier** – February Class Participation Report was reviewed and acknowledged as received in the agenda. AARP is getting bigger and

bigger. South San Francisco is closing down and there were 128 people at last meeting.

F. COMMITTEE REPORTS:

1. Special Events Committee
 - a. Minutes of the March 1, 2010 meeting - acknowledged as received in the agenda.
2. Program Committee
 - a. Minutes of the February 8, 2010 meeting - acknowledged as received in the agenda. **MSC Sponsler/Kreisel approved recommendation to sponsor a SAIF Workshop on Friday, April 16th.**
 - b. Minutes of the March 8, 2010 meeting – acknowledged as received in the agenda. **MSC Luzaich/Sponsler approved recommendation to offer an Arthritis Exercise Class or Stretch & Tone class on Monday mornings.** Barbara said that it sounds like an excellent program. **MSC Sponsler/Luzaich approved recommendation to have a speaker who is a neurophysiologist specializing in dementia.** Karen would like to see it for either caregiver or person. **MSC Sponsler/Luzaich approved recommendation** to purchase a flat-screen television and DVD player for the craft room. Wendy is looking into a locking cabinet to store TV in Craft Room. Ken felt it was a good idea to secure it.

G. NEW BUSINESS:

1. An Ad-hoc committee to work with staff for the Senior Advisory Presentation to City Council on April 27th was set-up with Ken and Bill.
2. Director Schwartz presented the Senior Center with a Certification of Early Compliance, saying that the City Council recognized the Senior Center at their last Council meeting for being the first business to comply with the Sustainable Food Packaging Ordinance.

H. PUBLIC DISCUSSION: None

I. ADJOURNMENT – With no other business to be conducted, Chair Goff adjourned meeting at 9:00a.m.

Respectfully Submitted,

Mary Tessier
Senior Citizens Advisory Board
Ex officio